

CATERING

BREAKFAST

Continental \$7.99

Assorted bagels and pastries with cream cheese, butter, preserves, and juice and coffee.

Bagels & Pastries \$5.99

Assorted bagels and pastries with cream cheese, butter and preserves.

Bagel Pack \$15.00

10 assorted bagels with choice of two spreads.

Pastries Pack \$17.00

10 assorted pastries with butter and preserves.

Quiche & Fruit \$6.99

Your choice of our house-made Spinach, Mushroom, Roasted Tomato and Bacon, or Lorraine Quiche with seasonal fruit salad.

Salmon & Bagels \$7.99

Assorted bagels with smoked salmon, capers, red onion, tomato and cream cheese spread.

SANDWICH PLATTERS

Classic Sandwich Platter \$7.99

Assortment of Chicken Salad, Tuna, Club and Italian sandwiches. With chips and pickles.

Deli Salad Platter \$6.99

House-made Chicken, Tuna and Egg Salads, with an assortment of bread, lettuce, tomato, onion and pickles, and chips.

Boxed Lunches \$7.99-\$9.99

Choice of Club, Italian, Tuna, Croissant Club, California, Naked California or Hummus Wrap. With chips, pickle and a drink.

Cuban \$7.99

Our classic pressed Cuban sandwiches with choice of one side item and pickles.

Working Lunch \$7.49

Assortment of our house-made Chicken, Tuna or Egg Salad sandwiches with choice of one side and pickles.

Executive \$11.49

Everything you could want for lunch including a choice of Club, Italian or Chicken Salad with cup of soup, chips, pickles and cookies.

Sandwich & Salad \$9.49

Choose one of our classic Meltz—Club, Italian or Chicken Salad—and either a Caesar or Mixed Greens Salad. Served with pickles.

Soup & Sandwich \$9.49-\$11.49

Choose one of our classic Meltz—Club, Italian or Chicken Salad—and a cup of soup. Served with pickles.

Vegetarian \$8.99

Habibi Hummus Wrap and Naked California Meltz with Caesar or Mixed Greens Salad.

Sides choices are: Coleslaw, Potato Salad, Macaroni Salad, Potato Chips or a Cookie.

BEVERAGES

Coffee \$9.99 - Serves 6-8 ppl

Juice \$9.99 - Serves 6-8 ppl

Bottled Water \$1.50 ea.

Sodas \$1.25 ea. - 12-oz. Soft Drinks

Iced Tea \$9.99 - Serves 6-8 ppl

Lemonade \$9.99 - Serves 6-8 ppl

Please contact our catering manager for assistance in planning and placing your order.

Catering orders will require 24-48 hours' notice and a 50% deposit. Delivery and set-up are available for an additional fee.

Except where noted, all prices are listed as per person and minimum of 6 people is required per order.

PASTAS & ENTREES

Enchiladas

Served with sour cream, house-made salsa and guacamole.

Cheese or Veggie \$7.99

Chicken \$8.99

Baked Ziti

Ziti, house-made marinara, mozzarella and Parmesan. \$6.99

Substitute with meat sauce (Italian sausage, pork and meatballs), \$8.50

Roasted Vegetable Pasta \$7.99

Penne, roasted vegetables, tomato, basil sauce and Parmesan.

Mac & Cheese \$5.99

Tray serves 8-10.

Fresh Tomato Basil \$6.99

Angel hair pasta, tomato basil sauce and Parmesan. With chicken, \$8.49

Pasta Primavera \$6.99

Penne tossed with seasonal vegetables and your choice of homemade marinara or herb cream sauce. With chicken, \$8.49

SIDES & SALADS

Caesar Salad \$5.99

Romaine, house Caesar dressing and croutons. With chicken, \$7.99

Mixed Greens Salad \$4.99

Mixed greens, grape tomatoes, spicy pecans and red onion, with balsamic and citrus vinaigrettes. With chicken, \$6.49

Sides Sampler \$2.99

Pasta Salad, Coleslaw and Potato Salad.

Hummus \$2.99

Choose two of our house-made hummus flavors with pita chips. (Herb or Sundried Tomato)

Chips & Dips \$3.99

Choose two of our signature dips—Crab, Bacon, Jalapeño Cheddar, Chive and Onion, or Sundried Tomato.

Salsa & Guac \$3.99

8-oz. salsa and guacamole, with corn tortilla chips.

Dessert Tray \$2.99

Cookies and brownies.

Soup \$12.99 Qt / \$20.99 ½ Gal

Choose from our homemade selections—Potato Cheese, Tomato Dill, French Onion or Daily Feature.



165 S. ORANGE AVENUE • ORLANDO, FL 32801

Phone: 407.404.6495

Fax: 407.404.6484

HOURS

8:30 am - 4:00 pm Monday-Thursday

8:30 am - 2:30 am Friday

Noon - 2:30 am Saturday

Closed Sunday

EATMELTZ.COM

 FACEBOOK.COM/EATMELTZ

 TWITTER.COM/EATMELTZ



CLASSIC MELTZ

Club \$6.99

Roast turkey, tavern ham, bacon slices, cheddar, tomato, Bibb lettuce and herb mayonnaise on Pullman bread.
Toasted on request.

Italian \$6.99

Capicola, Genoa salami, tavern ham, provolone, tomato, shredded lettuce, red onion, Peppadews, Italian seasonings and aioli, on a rustic hoagie roll.
Toasted on request.

Meatball \$7.50

Handcrafted meatballs, homemade marinara, provolone sauce, mozzarella and Parmesan, served on a toasted rustic hoagie roll.

Cuban \$6.99

In-house mojo roasted pork, tavern ham, Swiss, mustard and pickle salad, pressed on Cuban bread.

Reuben \$6.99

Tender corned beef, sauerkraut, Swiss, beer mustard and house-made Thousand Island dressing, grilled on rye swirl bread.

Chicken Salad \$5.99

Our delectable chicken salad, tomatoes and Bibb lettuce, on millet multigrain bread.

French Dip \$7.50

Roast beef, caramelized onions, provolone sauce and provolone, on toasted rustic hoagie roll. Served au jus.

Meatloaf \$6.50

Savory meatloaf, gouda, fried onions and house-made ketchup, grilled on potato bread.

Tuna \$5.99

White albacore tuna salad, tomatoes and Bibb lettuce, on millet multigrain bread.

Grilled Cheese \$4.99

Cheddar, American, gouda and Swiss, grilled on Pullman white.

SIGNATURE MELTZ

Beef & Bird \$7.50

Roast turkey, roast beef, provolone, Swiss, cream cheese and chive spread, and Dijon mustard, grilled on rye swirl bread. Served au jus.

Numero 25 \$7.50

Roast beef, cheddar, provolone sauce, jalapeños and guacamole, on toasted rustic hoagie roll. Served with a side of salsa.

Fletch \$7.50

Roast turkey, roast beef, gouda, cream cheese and chive spread, jalapeños, black olives, red onion, mushrooms and baby spinach, grilled on rye swirl bread. Served au jus.

BBQ Fusion \$6.99

In-house slow-roasted pork, caramelized onions, Asian slaw and hoisin BBQ sauce, on stirato roll.

California \$6.99

Roast turkey, tomato, mushrooms, cucumbers, avocado spread, baby spinach, red onion and herb aioli, on stirato roll.

Pork Belly BLT \$7.50

House-cured and braised pork belly, tomato, Bibb lettuce, tomato jam and herb aioli, on Olde Hearth Ciabatta.

Pesto Chicken \$6.99

Herb-roasted chicken breast, roasted red peppers, tomato, baby spinach, pesto mayonnaise and provolone, pressed on stirato roll.

The Blur \$7.99

Locally made Italian sausage, pork chop and handcrafted meatballs braised in our homemade marinara with black olives, Peppadews, provolone sauce and mozzarella, on toasted rustic hoagie.

Mediterranean \$6.99

Herb-roasted chicken breast, feta, tomato, romaine lettuce, cucumbers, black olives and oregano aioli, wrapped in naan flatbread.

Smoked Salmon \$7.50

Smoked salmon, cream cheese spread, capers, red onion, tomato and Bibb lettuce, on choice of bagel.

Atomic Chicken \$6.99

Roasted chicken breast, tomato, jalapeños, baby spinach, Sambal Hot Sauce and provolone, pressed on Cuban bread with whipped bleu cheese.

VEGGIE MELTZ

Roasted Vegetable \$5.99

Seasonal vegetables roasted with fresh herbs, mozzarella and Parmesan, on toasted baguette with balsamic reduction.

The Forager \$6.99

Locally sourced seasonal mushrooms, sautéed in herbs and black truffle seasoning, with caramelized onions, baby spinach and gouda, grilled on potato bread.

Naked California \$6.99

Tomato, mushrooms, cucumber, avocado spread, baby spinach, red onion and herb aioli, on stirato roll.

Meatless Wonder \$6.99

Mushrooms, caramelized onions, black olives, jalapeños, tomato, cucumber, provolone, Swiss, cream cheese and chive spread, grilled on rye swirl bread with mushroom jus.

Habibi Hummus \$6.99

Choice of herb or sundried tomato hummus, tomato, cucumber, sunflower seeds, romaine and roasted tomato aioli, wrapped in naan flatbread.

BREAKFAST MELTZ Served 8:30 am - 11:00 am

Our breakfast sandwiches are made to order with farm fresh eggs on mini challah buns. Choice of sauce (Sambal Hot Sauce, hollandaise or house salsa). Add cheese to any of our Breakfast Meltz for \$.50 (American, Swiss, Cheddar or Gouda).

Egg \$2.99

Sausage Patty \$3.99

Bacon \$3.99

Chorizo Gravy \$3.99

Roasted Vegetables \$3.99

Baked Goods \$1.50 - \$3.00

Daily selection of muffins, croissants and pastries.

Bagel \$2.50

Toasted on request, with choice of cream cheese spread.
(Plain, Chive & Onion, Honey Cinnamon)

With Smoked Salmon Add \$2.99

LATE-NIGHT MELTZ Served 11:00 pm - Close, Fri. & Sat.

Roasted Vegetable \$5.99

Seasonal vegetables roasted with fresh herbs, mozzarella and Parmesan, on toasted baguette with balsamic reduction.

Habibi Hummus \$6.99

Choice of herb or sundried tomato hummus, tomato, cucumber, sunflower seeds, romaine and roasted tomato aioli, wrapped in naan flatbread.

Atomic Chicken \$6.99

Roasted chicken breast, tomato, jalapeños, baby spinach, Sambal Hot Sauce and provolone, pressed on Cuban bread with whipped bleu cheese.

BBQ Fusion \$6.99

In-house slow-roasted pork, caramelized onions, Asian slaw and hoisin BBQ sauce, on stirato roll.

Italian \$6.99

Capicola, Genoa salami, tavern ham, provolone, tomato, shredded lettuce, red onion, Peppadews, Italian seasonings and aioli, on a rustic hoagie roll.
Toasted on request.

Beef & Bird \$7.50

Roast turkey, roast beef, provolone, Swiss, cream cheese and chive spread, and Dijon mustard, grilled on rye swirl bread. Served au jus.

Numero 25 \$7.50

Roast beef, cheddar, provolone sauce, jalapeños and guacamole, on toasted rustic hoagie roll. Served with a side of salsa.

The Blur \$7.99

Locally made Italian sausage, pork chop and handcrafted meatballs braised in our homemade marinara with black olives, Peppadews, provolone sauce and mozzarella, on toasted rustic hoagie.

Meatball \$7.50

Handcrafted meatballs, homemade marinara, provolone sauce, mozzarella and Parmesan, served on a toasted rustic hoagie roll.

Cuban \$6.99

In-house mojo roasted pork, tavern ham, Swiss, mustard and pickle salad, pressed on Cuban bread.

SOUPS

All soups are \$2.95 cup / \$3.95 bowl

Potato Cheese Soup

Garnished with cheddar, chive and bacon.

Tomato Dill Soup

With crème fraîche and dill.

Onion Soup

With Asiago crisp and shredded Parmesan.

Soup of The Day

DRINKS

Free refills for fountain drinks and tea.

Fountain Drinks \$1.99

Iced Tea \$1.99

Bottled Water \$1.79

Bottled Juice \$1.99

20-oz. Bottled Soft Drinks \$1.99

Pure Cane Colas \$2.19

Bottled Teas \$2.19

Vitamin Water \$2.19

Fresh Brewed Coffee \$1.99

Energy Drinks \$2.50 - \$3.50

SIDES, SALADS & DESSERTS

Chips \$1.29

Creamy Coleslaw \$1.45

Loaded Potato Salad \$1.45

Macaroni Salad \$1.45

Cucumber Salad \$1.75

Caesar Salad \$3.99

Romaine, Asiago crisp and Parmesan.

Mixta Salad \$3.99

Mixed greens, grape tomatoes and spicy pecans, with choice of citrus or balsamic vinaigrette.

Salsa & Chips \$1.75

Guacamole & Chips \$2.99

Hummus & Chips \$2.50

(Herb or Sundried Tomato)

Desserts \$.99 - \$3.50

Daily selection of fresh-baked goods, pastries and Kiah's cookies.